

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Sloppy Joe Sandwich BBQ Baked Beans 100% Fruit Juice Assorted Low Fat Milk	2 <b>BREAKFAST</b> Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Cheese Tortellini w/ Tomato Cream Sauce Fruited Gelatin Crisp Garden Side Salad Dinner Roll Assorted Low Fat Milk	3 <b>BREAKFAST</b> Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Teriyaki Chicken w/ Lo Mein Noodles Seasoned Peas & Carrots Sliced Peaches Assorted Low Fat Milk	4 <b>BREAKFAST</b> Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Ham & Cheese Sub 100% Fruit Juice Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk	5 <b>BREAKFAST</b> Eggo® Mini Cinnamon Waffle w/ Syrup Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Santa Fe Beef Tacos Carrot Soufflé Applesauce Fruit Cup Assorted Low Fat Milk
8 <b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> BBQ Rub Roasted Chicken BBQ Baked Beans Peach Slices Dinner Roll Assorted Low Fat Milk	9 <b>BREAKFAST</b> Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Chipotle Chicken Mac' N Cheese Cheesy Spinach Bake 100% Fruit Juice Assorted Low Fat Milk	10 <b>BREAKFAST</b> Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Popcorn Chicken Bowl Fresh Apple Slices Dinner Roll Assorted Low Fat Milk	11 <b>BREAKFAST</b> Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Cuban Sandwich Roasted Carrots Berry Blue Applesauce Assorted Low Fat Milk	12 <b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Teriyaki Chicken w/ Fried Rice (1cup rice) Broccoli w/ Lite Ranch Dip Fruit Cocktail Treat w/ Meal Assorted Low Fat Milk
15 <b>BREAKFAST</b> Eggo® Mini Cinnamon Waffles w/ Syrup Assorted Cereal w/ Strawberry Grahams 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Roasted Chicken Drumstick w/ Rice Pilaf (1/2 cup) Roasted Carrots Applesauce Fruit Cup Dinner Roll Assorted Low Fat Milk	16 <b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Turkey & Cheese Sub Fruited Gelatin Crisp Garden Salad Assorted Low Fat Milk	17 <b>BREAKFAST</b> Eggo® Mini Blueberry Pancakes w/ Syrup Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> BBQ Pork w/ Mashed Potatoes (1/2 cup) BBQ Baked Beans (1/2 cup) 100% Fruit Juice Dinner Roll Assorted Low Fat Milk	18 <b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Tuscan Rotini w/ Meatsauce (1cup noodles) Applesauce Fruit Cup Cheesy Spinach Bake Assorted Low Fat Milk	19 <b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice of Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Sweet & Sour Chicken w/ Yellow Rice (1/2 cup rice) Crisp Garden Salad Fresh Apple Slices Assorted Low Fat Milk
22 <b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Sloppy Joe Sandwich BBQ Baked Beans 100% Fruit Juice Assorted Low Fat Milk	23 <b>BREAKFAST</b> Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Cheese Tortellini w/ Tomato Cream Sauce Fruited Gelatin Crisp Garden Side Salad Dinner Roll Assorted Low Fat Milk	24 <b>BREAKFAST</b> Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Teriyaki Chicken w/ Lo Mein Noodles Seasoned Peas & Carrots Sliced Peaches Assorted Low Fat Milk	25 <b>BREAKFAST</b> Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Ham & Cheese Sub 100% Fruit Juice Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk	26 <b>BREAKFAST</b> Eggo® Mini Cinnamon Waffle w/ Syrup Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  <b>LUNCH</b> Santa Fe Beef Tacos Carrot Soufflé Applesauce Fruit Cup Assorted Low Fat Milk

<p>29</p> <p><b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> BBQ Rub Roasted Chicken BBQ Baked Beans Peach Slices Dinner Roll Assorted Low Fat Milk</p>	<p>30</p> <p><b>BREAKFAST</b> Eggo® Cinnamon Waffles w/ Syrup Peanut Butter &amp; Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Chipotle Chicken Mac' N Cheese Cheesy Spinach Bake 100% Fruit Juice Assorted Low Fat Milk</p>	<p>31</p> <p><b>BREAKFAST</b> Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Popcorn Chicken Bowl Fresh Apple Slices Dinner Roll Assorted Low Fat Milk <b>Halloween Treat</b></p>
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