

SEPTEMBER 2021 MENU

		<p>1</p> <p>BREAKFAST Mini Blueberry Pancakes Buddy Fruit@ Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH BBQ Chicken Sandwich BBQ Baked Beans Crisp Garden Salad Fresh Apple Slices (1 for Elem/2 for secondary) Assorted Low Fat Milk</p>	<p>2</p> <p>BREAKFAST Yogurt Smoothie w/graham 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Tuscan Chicken Alfredo Steamed broccoli Carrots w/ranch Applesauce Cup (1 for Elem/2 for Secondary) Assorted low Fat Milk</p>	<p>3</p> <p>BREAKFAST Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Tasty Brands Turkey, Turkey Pepperoni, & Cheese Croissant Cucumbers with Ranch-2 pks each Fresh Orange Smiles (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>
<p>6</p> <p>NO SCHOOL LABOR DAY</p>	<p>7</p> <p>BREAKFAST Celebration Benefit Bar Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Southern Style Chicken Bites with Cheez its@ Seasoned Black Beans Celery w/Ranch Applesauce Cup (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>	<p>8</p> <p>BREAKFAST Eggo@ Mini Cinnamon Waffles Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Teriyaki Chicken w/ Fried Rice Crisp Garden Salad Herbed Green Beans Peach Cup (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>	<p>9</p> <p>BREAKFAST Blueberry Belgian Waffle Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Turkey & Cheese Sliders (2) Peas & Carrots Carrots with Ranch Fresh Apple Slices (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>	<p>10</p> <p>BREAKFAST Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Macaroni and Cheese Herbed Cauliflower Crisp Garden Salad Applesauce Cup 1 for Elem/2 for Secondary Assorted Low Fat Milk</p>
<p>13</p> <p>BREAKFAST Yogurt Smoothie w/Strawberry Graham 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Tasty Brands Turkey, Turkey Pepperoni& Cheese Croissant Sandwich Sweet Kernel Corn Cucumbers with Ranch 100% Fruit Juice (Elem&Secondary) Applesauce Cup (Secondary only) Assorted Low Fat Milk</p>	<p>14</p> <p>BREAKFAST Celebration Benefit Bar Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Popcorn Chicken Cheez its Creamed Spinach Grape Tomatoes with Ranch Peach Fruit Cup (1 for Elem/2 for Secondary) Assorted low Fat Milk</p>	<p>15</p> <p>BREAKFAST Mini Blueberry Pancakes Buddy Fruit@ Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Chicken & Yellow Rice Seasoned Black beans Herbed Green Beans Berry Blue Applesauce (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>	<p>16</p> <p>BREAKFAST Blueberry Belgian Waffle Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Tuscan Rotini w/ Meat Sauce Herbed Cauliflower Celery with Ranch Applesauce Cup (Elem & Secondary) 100% Fruit Juice (Secondary only) Assorted Low Fat Milk</p>	<p>17</p> <p>BREAKFAST Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Meatball & Marinara Sub Steamed Broccoli Carrots with Ranch Strawberry Fruit Cup (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>
<p>20</p> <p>BREAKFAST Mini Loaf & Cheese Stick Buddy Fruit Cinnamon Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Sweet & Sour Chicken w/ Yellow Rice Seasoned Peas & Carrots Carrots with Ranch Peach Cup (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>	<p>21</p> <p>BREAKFAST Celebration Benefit Bar Raisins 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Tuscan Chicken Alfredo Sweet Kernel Corn Celery with Ranch 100% Fruit Juice (Elem and Secondary) Strawberry Apple Crisps (Secondary only) Assorted Low Fat Milk</p>	<p>22</p> <p>BREAKFAST Eggo@ Mini Cinnamon Waffles Applesauce 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH BBQ Chicken Sandwich BBQ Baked Beans Crisp Garden Salad Fresh Apple Slices (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>	<p>23</p> <p>BREAKFAST Yogurt Smoothie w/ Graham 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Macaroni & Cheese Steamed Broccoli Grape Tomatoes with Ranch Applesauce Cup (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>	<p>24</p> <p>BREAKFAST Banana Chocolate Chunk Protein Bar Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Tasty Brands Turkey, Turkey Pepperoni, & Cheese Croissant Veggie Juice Box Cucumbers with Ranch Fresh Orange Smiles (1 for Elem/2 for Secondary) Assorted Low Fat Milk</p>